

**LEGENDS FC**

**COACHES  
MEETING**





**LEGENDS FC**

# 2023 SEASON

The last 20 years of Legends FC have been remarkable and are a reflection of the hardwork from our coaches, players and staff. We intend to build upon this solid foundation in the new season by implementing innovative ideas throughout our extensive year-round programming.



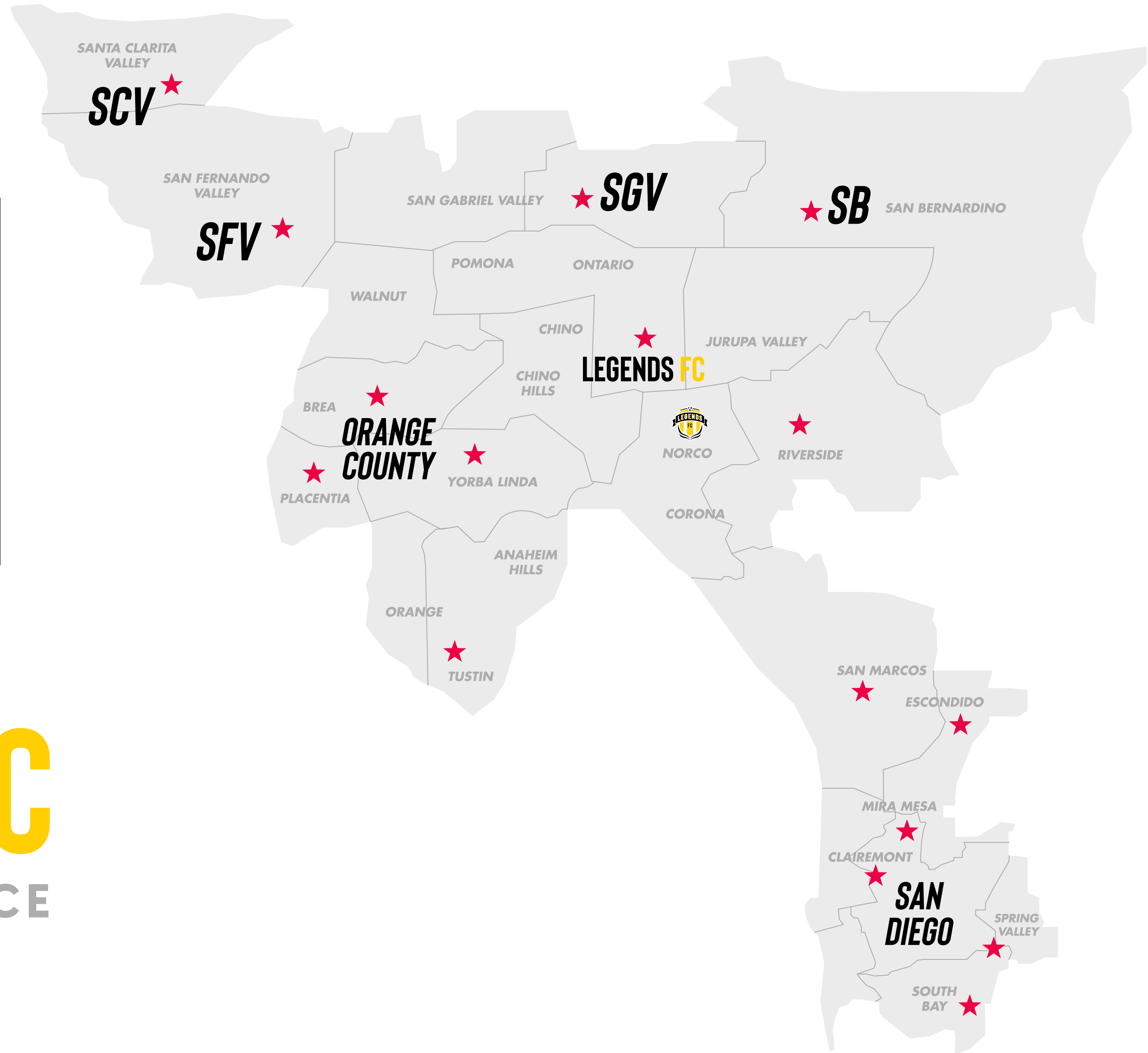


## THE LEGENDS FC EXPERIENCE

- > Professional Coaching
- > Top Facilities
- > Player Identification
- > Player Placement
- > Player Pathways
- > Programming & Events







# LEGENDS FC

REGIONS AT A GLANCE





**CAL STATE SAN BERNARDINO**

# **FACILITIES**



**SILVERLAKES PARK**



**SB VALLEY COLLEGE**



**CAJON HIGH SCHOOL**



**SB SOCCER COMPLEX**



# INFRASTRUCTURE

## CLUB PROGRAM MANAGEMENT & NORTH STRUCTURE

### DIRECTOR OF OPERATIONS

Taylor Sklar

### DIRECTOR OF SOCCER

Drew Rea

### BOYS TECHNICAL DIRECTOR

Ever Morataya

### BOYS YOUTH DIRECTOR

Carlos Gardea

### GIRLS TECHNICAL DIRECTOR

Ryan Casey

### GIRLS DIRECTOR OF COACHING

Neil Powell

### YOUTH TECHNICAL DIRECTOR

Manny Plascencia

### ZONE 1 COORDINATOR

Mimi Rangel

### ZONE 2 COORDINATOR

Benny Rodriguez

### ZONE 3 COORDINATOR

Jackie Bruno

### PRE-ECNL COORDINATOR

Will Lopez



# INFRASTRUCTURE

## REGIONAL STRUCTURE

### ORANGE COUNTY DIRECTOR

John King

### SANTA CLARITA DIRECTOR

Adam Waddell

### SAN DIEGO DIRECTOR

Rhett Souders

### LOS ANGELES DIRECTOR

Franky Corona

### SAN FERNANDO VALLEY DIRECTOR

Jonathan Davila

### SAN GABRIEL VALLEY DIRECTOR

Drew Rea

### ARIZONA DIRECTOR

Doug Shank

### SAN BERNARDINO DIRECTOR

Sammy Lara



# INFRASTRUCTURE

## SUPPORT STAFF

### SPORTS PERFORMANCE COACH

Davonte Richardson

### COLLEGE COORDINATOR

Carey Rosenbery

### CLUB ADMINISTRATOR

Chelsea Rushlow

### CLUB FINANCE

GFS Financial

### CLUB APPAREL

Valerie Hodges

### CLUB PROGRAMMING

Kassi Massey

### CLUB LICENSEES

Arika Burchell

### CLUB REGISTRARS

Matt Evans & Jill Coughlin

### CREATIVE DIRECTOR

Edwin Torres

### MEDIA COORDINATOR

Irving Arvizu



## SAMMY LARA

- > NCAA Regional Diploma
- > NCAA Advance Diploma E License
- > NCAA National License (C License) National D License
- > Coach of the Year – Inland Empire Surf - 2016, 2015
- > Coach of the Year – Cross Valley Varsity - 2016, 2015, 2014, 2013, 2011
- > Director of Coaching – So Cal Rush - '09-'12
- > Director of Skills Training Program – Legends IE – 2015 to present
- > State Championship Title - 2009
- > Regional Champion Washington State - 09
- > National Champion North Carolina - 2009
- > Albion Cup Champion 2018
- > State Cup Finalist 2019





# 2022 REVIEW



- > Boys and Girls Program
- > Regional Growth
- > Championships
- > Coaching Education
- > Identification Platforms
- > National Team
- > College Commitments

**17**

**PLAYERS WITH USYNT**

**CAMPS & ID CENTERS**

LEGENDS FC



## BOYS

ALVARO GONZALEZ JR.  
ELIJAH COOK  
ISAIAH CLAVERIE  
XAVIER ARGUETTA

## GIRLS 2007

LEXI COUGHLIN  
DAYA KING

## GIRLS 2008

SCOTTIE ANTONUCCI  
JAELYNN HILLENBRAND

## GIRLS 2009

STELLA BARAJAS  
MIA CORONA  
MARIELY HERRERA  
ADRYANNA MOLINA  
RYAN REYNOLDS  
SASHA SELVAGGIO  
TAMARA SEPULVEDA  
AISELYN SIA  
MIA URBANO





# 2022 REVIEW

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# A HISTORY OF PLAYER DEVELOPMENT

## COLLEGE ROSTER PLAYERS

# 2020

**194 Total Players** - 88 Division 1 athletes, 106 non-division. 49 Division 1 schools represented across 20 conferences.

**134 Total Players** - 73 Division 1 athletes, 61 non-division. 46 Division 1 schools represented across 16 conferences.

# 2019

# 2018

**118 Total Players** - 67 Division 1 athletes, 51 non-division. 42 Division 1 schools represented across 16 conferences.

**99 Total Players** - 49 Division 1 athletes, 50 non-division. 33 Division 1 schools represented across 13 conferences.

# 2017

# 2016

**106 Total Players** - 58 Division 1 athletes, 48 non-division. 37 Division 1 schools represented across 16 conferences.

**111 Total Players** - 67 Division 1 athletes, 45 non-division. 46 Division 1 schools represented across 18 conferences.

# 2015

# 2014

**98 Total Players** - 62 Division 1 athletes, 36 non-division. 42 Division 1 schools represented across 18 Division 1 conferences.

Ally Lemos	UCLA
Maddie Baker	Washington State
Lexie Yela	LMU
Tatiana Fung	Texas
Velize King	Cal
Maya Griffin	Oregon
Courtney Boone	Cal
Haylee Phoenix	South Dakota
Stephanie Recinos	Wisconsin-Milwaukee
Brianna Weber	NC State
Natalia Castro	Cal Baptist
Hannah Arneson	LMU
Kayla Colbert	USC
Haley Slouka	Cal State Bakersfield
Laney Carroll	Texas A&M
Mya Daily	Long Beach State
Alex Day	Arizona
Maya Gonzalez	Hawaii
Alexa Gonzalez	USC
Madison Perez	Long Beach State
Victoria Romero	Pepperdine
Shaday Allen	Marymount CA
Kiana Moreno	Vanguard
Leila Peregrina	Dominguez Hills
Makena Shaw	UIC
Alondra Toledo	Azusa Pacific
Nicolette Lam	NYU
Marley Bramsway	Delaware Valley
Aubree Gessel	Jamestown
Evelyn Hoppe	Jamestown
Marissa LeVine	UC Irvine
Shelbi Payne	Hope International
Sunny Rasmussen	Hope International
Graci Raymond	Cal State Fullerton
Brianda Salcedo	San Bernardino
Payden Searl	Vanguard
Emma Thrapp	Point Loma
Hazel Underwood	Jamestown
Hayden Bell	Southern University

Anessa Campos	Eastern Washington
Kiara Armstrong	Southern University
Rosario Ledesma	Salem International University
Alana Diaz	Point Loma
Sydney Ervine	Point Loma
Isabelle Esparza	San Francisco
Alison Flores	Life Pacific
Alyssa Goodloe	Southern Utah
Camille Hawley	Wyoming
Alison Keller	Southern Utah
Linda Lozano	San Benadino
Mariah Ortega	Cal Poly Pomona
Kaya Pigoni	San Francisco
Savanna Prado	Dominguez Hills
Samantha Reyes	San Francisco
Jordyn Rodriguez	Point Loma
Jojo Sanchez	Southern Utah
Marissa Vasquez	San Francisco
McKayla (Mackie) Wakefield	Marmount
Emma Jackson	Hope International
Lauren Kunda	McPherson
Gabby Cameron	New Mexico
Haley Halbersma	UNLV
Alyssa Romero	Oregon State
Samantha Ruelas	UC Davis
Jenna Studer	Arizona
Lindsey Turner	UCR
Isabella Valderrama	Cal State LA
Madeline Milby	Cal Baptist
Alyssa Moore	UC Irvine
Taesja Paopao	UC Irvine
Bailey McNitt	North Dakota
Alyssa Sanchez	North Dakota
Olivia Valdivia	North Dakota
Caylie Catalano	Abilene Christian
Isabelle Gurney	North Alabama
Kameron Henry	UC Riverside
Amanda Aleman	New Mexico State
Lauren Garthwaite	Grand Canyon
Giselle Michel	Cal State Bakersfield



Cordney Armstrong	Southern University A&M
Erin Covey	UC Irvine
Vanessa Buso	Cal State Fullerton
Randalyn Hunter	Northern Arizona
Emily Jauregui	Long Beach State
Savannah Kessler	USC
Elisa Kolek	UNLV
Vianey Lopez	Drake
Chloe Ragon	UC Irvine
Clarissa Ramirez	San Diego State
Lilli Rask	Oregon
McKenna Ray	Cal Baptist
Sage Robledo	Loyola Marymount
Kali Trevithick	UCLA
Emily Knous	Arizona
Isabel Dehakiz	Arizona State
Delanie McKeon	Austin Peay
Brodi Blomdahl	Cal Baptist
Vanessa Evans	Cal Baptist
Allison Poole	Fullerton
Kamryn O'Brien	Fullerton
Sydney Douglas	Fullerton
Makenna Leigh	Idaho
Alexandra Jaquez	UC Irvine
Madison Kline	NC State
Amanda Delgado	Cal Northridge
Sydney Studer	Oregon State
Blake Manke	South Dakota
Jennifer Barroso	UCR
Leigh Polson	UCR
Elisabeth Chua	UCR
Katie Wong	UCR
Marie Marlow	San Francisco
Elaily Hernandez-Represa	Washington State
McKenzie Moore	Hawaii
Angela Morales	Long Beach State
Zoe Aguirre	Eastern Kentucky
Desiree Woods	Georgia

Brianna Saldana	UCR
Jordyn King	Grambling State
Camryn Ciaramella	Louisiana Monroe
Denae Antoine	California
Nia Harris	Northwestern
Alexis Rushlow	Utah
Isabelle Juarez	TCU
Bryanna Duckett	UC Davis
Hanna Goff	Washington State
Lydia Buggs	St. Mary's
Kayla Pak	Pacific
Caitlin Rogers	Montana
Kaylee Ramirez	Long Beach State
Alexis Vera	UCR
Avery DeWitt	Cal Northridge
Ashley Cruz	Cal Northridge
Cora Jacoby	Cal Baptist
Maria Gallardo	UCR
Olivia Seddon	Northern Colorado
Gabriella Hinojosa	Cal Northridge
Michelle Alozie	Tennessee
Shayna Whieldon	Washington State
Esmeralda Nunez	Idaho State
Channel Felix	Cal State San Marcos
Lexis Garcia	Indiana Wesleyan
Sarah George	Bard College
Emily Lemus	Hawaii Pacific
Kalin Sandow	Montana State
Natalie Valdez	Hope International
Maya Yamak	Concordia (CA)
Alyssa Carthan	Cal Poly Pomona
Sarah Savella	Cal State San Bernardino
Drew McCarthy	Trinity Christian College
Katie Connor	Cal State San Marcos
Rebecca Rojas	Brevard College
Ivana Fatovic	La Verne
Kristin Breaux	Jamestown
Krysta Catone	Kansas Wesleyan

Alyssa Pigoni	Cal State San Marcos
Amy Bishop	Azusa Pacific
Brianna Uhl	Trinity Christian College
Mariah Rodriguez	Vanguard
Marielisa Hallam	Vanguard
Cadi Badger	Providence Christian
Valerie Warren	Cal State San Bernardino
Madison Malone	Kansas Wesleyan
Kaylee Demarchi	La Verne
Emilee Garrett	Cal State San Marcos
Alexis Garcia	Marymount California
Natalie Nagy	Union University
Christine Goodman	Biola University
Chloe King	Chico State
Alison Pepper	Point Loma
Alexandra "Allie" Vargas	San Francisco State
Emelie Peraza	Chico State
Jordyn Beaulieu	University of La Verne
Kimberly Kitani	Soka University
Sierra Reich	Texas Wesleyan University
Gillian Robles	University Texas - Dallas
Jillian Juarez	Vanguard University
Katelyn Ries	Concordia University (WI)
Beatriz Rivas	Doane University
Yannelli Chavez	Cal State Dominguez Hills
Phoebe Amaro	Cal Poly Pomona
Madyson Bennett	Cal Poly Pomona
Cassidi Calzaretta	Ottawa University (AZ)
Maggie Cross	Frances Marion University
Emma Jonietz	Cal Lutheran
Victoria Perez	Heidelberg University
Mia Salas	Trinity Christian College
Brooke Zavosky	Concordia University (CA)
Delaney Day	West Virginia State University
Zariah (Chimo) Nogales	University of Montevallo
Gabrielle Breton	Concordia University (CA)
Brooke Innis	Cal State San Marcos
Aubrey Mendez	John Brown University
Emma Roberts	Trinity Christian College
Abby Najera	Ottawa University (AZ)
Brooke Bern	Azusa Pacific
Clarissa Holguin	William Jessup University
Peyton Vogel	Central Washington
Katy Ponce	Bethel University (KS)
Vanessa Baird	Newberry University (SC)
Alexis Davila	Sierra Nevada College



Jessica Smetherman	Fullerton	Gabby Constante	La Verne	Jasmine Roth	Arizona State
Alyssa Caputo	UCI	Kiana Perez	UCR	Aleina Dominguez	Nevada
Tyler Shirk	Cal Bakersfield	Lauren Palmer	Louisiana Monroe	Dominique Richardson	Missouri
Heather Williams	New Mexico	Noelle Sanz	Alabama	Kelsey Salcido	SE Louisiana
Valerie Barios	Cal Poly Pomona	Ashley Barber	San Marcos	Shannon Ward	LMU
Hannah Gerde	UCSD	Danielle Fjeldsted	Westminster	Jessica Shutter	New Mexico State
Amanda Robles	Long Beach	Mackenna Dandley	Northwestern Nazarene	Courtney Kay	San Marcos
Natalie Maxey	Santa Barbara	Helena Kisor	Chaminade	Alicen Wright	Auburn
McKenna Gooden	UCR	Alexis Brown	Rocky Mountain College	Alex Duran	UCR
Emily Wood	APU	Alyssa Padilla	Marymount College	Christina Sanchez	Louisiana Lafayette
Jessica Cortez	UCR	Nicole Walters	Vanguard	Lauren Stupin	Fullerton
Taylor Vargo	Pepperdine	Kylie Klein	Santiago CC	Khalalah Todd	New Mexico State
Jillian Jacobs	LMU	Brittany Melvin	Cochise College	Kylee Hathaway	Alabama State
Channing Perea	Cal Baptist	Brianna Rice	Mt Sac College	Kodi Lavrusky	UCLA
May Wilson	UCI	Denise Garcia	UCR	Alina Cheatham	UCR
Jenna Grande	UC Davis	Ally Moon	Arizona State	Nykell Seymour	Utah
Addison Carroll	Hawaii	Brianna Hatch	BYU	Kailee Feinstein	Indiana
Sarah Flores	Hope International	Cabria Turang	Utah	Zoe Fishman	UNCG
Tyler Hunt	Academy of Art	Idalys Martinez	Cal Poly Pomona	Alyssa Gianetti	Cal Poly SLO
Emily Sanchez	Vanderbilt	Taylor Greenwood	Cal State Monterey	Lindsey Salcido	Nevada
Cassidy Mount	Fullerton	Claire Damon	Holy Names	Sydney Raguse	Michigan
Kennedy LaNier	Syracuse	Maya Daruvala	UC San Diego	Amanda Stephenson	George Mason
Danielle Giltner	UCR	Amanda Carillo-Perez	Swarthmore College	Alexa Bustamonte	UCR
Carly Marietti	Pacific	Averie Middleton	Humboldt State	Shannon Kent	LMU
Kasrum James	Missouri	Kaitlyn Breton	Cal State Stanislaus	Nichola Mottram	Richmond
Alyssa Montejo	Long Beach	Sarah Fenton	Trinity Christian	Nikki McKee	Pepperdine
Dominique Banks	Boise State	Cecilia Magana	Cal State San Bernardino	Paulina Good	San Marcos
Halli Barrios	Oregon State	Ariel Torres	St. Katherine	Natalie Lara	San Marcos
Soleil Hall	San Bernardino	Cyanne Smith	Southern Virginia	Erica McMullen	Humboldt
Megan Steinberger	Cal State Dominguez	Alondra Salazar	San Francisco State	Tara Struiksma	Masters
Emily Castellano	Cal State LA	Ashley Richardson	Cal Baptist	Kristin Damon	Hope International
Caylin Jackson	Southern Oregon	Daniela Perez	APU	Kelsey Kukaua	Masters



Sierra Townsend	Cal State Monterey	Madison Stark	Arizona State	Madison Lindsay	UCR
Kendra Reif	Nevada	Samantha Koemans	Fullerton	Danielle Herrera	UCR
Mimi Rangel	Long Beach	Sara Ortiz	McNeese State	Destiny Collins	San Bernardino
Hannah Seabert	Pepperdine	Natalie Dzhandzhapanyan	Navy	Liz Hernandez	Cal State East Bay
Daniela Alvarez	Umass	Connie Caliz	Fullerton	Brooke Gower	APU
Ashley Hatch	BYU	Jazmin Mancilla	Fullerton	Rachel Curley	APU
Kaelin King	Lafayette	Megan Renken	Wash U St Louis	Nicole Warnick	Univ. of Redlands
Dannie Lopez	UCR	Destinee Adams	Westmont	Emily Connor	Cal Poly Pomona
Maya Jones	Pacific	Amy Wilson	San Marcos	Sommer Larrabee	Cal Poly Pomona
Krista Meaglia	Northeastern	Alexis Lee	Biola	Maddie Denbaugh	Point Loma
Yazmin Montoya	Louisiana Lafayette	Madori Spiker	Univ of Chicago	Michelle Barkley	Kansas Wesleyan
Tatum Lockett	UCR	Rachael Figg	San Bernardino	Ashlee Smith	Point Loma
Kelly Velasquez	UCR	Emily Sanchez	Cal Poly Pomona	Ryley Settles	Cal Lutheran
Savannah Viola	New Mexico	Desarae Felix	Cal Baptist	Krystal Arreola	Hope International
Mckenna Pigoni	UCI	Lanai Navarro	Cal Baptist	Megan Kawakami	Chapman College
Samantha Orodpour	San Jose St	Tanya Samarzich	Kentucky	Jenne Muise	Whittier College
Rylee Baisden	Pepperdine	Christina Tucker	UCR	Ally Boots	Mercy College
Tayler Dragoo	UCR	Peyton Perea	Wake Forest	Savanna Beans	Claremont McKenna
Alex Astorga	Jackson State	Ally Prisock	USC	JoMarie Vanderbyl	Cal State San Marcos
Caitlyn Daly	RIT	Kayra Dollas	Texas	Natalie Stillwell	Cal State San Marcos
Allyn Brown	APU	Madelyn Haro	Washington State	Allison Adams	Cal Poly Pomona
Shavonne Johnson	Cal Poly Pomona	Paige Simoneau	San Jose St	Viviana Poli	Biola University
Lauren Rivero	San Marcos	Brittany Caserma	Northwestern State	Marissa Fields	Trinity Christian College
Haley Arft	APU	Jackie Crowther	Baylor	Kaylee Mackenzie	Metro State
Lizette Luna	Concordia	Dayna Garcia	McNeese State	Kailyn Genie	Cal State Dominguez Hills
Johana Rosas	Fullerton	Krista Haddock	Kansas State		
Amanda Ball	UCSB	Marissa Favela	Cal Northridge		
Mikayla Flores	Texas	Sydney Navarro	Middle Tennessee St		
Kayla Morrison	Kansas	Brielle Bourgeois	Southern Utah		
Angela Mitchell	San Diego State	Katelynn Traver	Middle Tennessee St		
Brittney Rogers	UCSB	Presley Moreno	UCR		
Hanna Chua	Western Kentucky	Laura Linares	Cal Baptist		



# 70 NTL TEAM PLAYERS

- > US National / Youth Team
- > Mexico National / Youth Team
- > Costa Rica National Team
- > El Salvador National Team
- > Nicaragua Youth National Team
- > Philippines National Team

# 90 CONFERENCE AWARDS

Legends FC Alumni have received 90 **Conference Awards** in Division 1 between 2013-2019. Awards include All Conference, 1st, 2nd and 3rd Team Selections, Offensive and Defensive Player of the Year, Top Drawer National Top 100, and more.

# 12 PRO TEAM PLAYERS

- > Ashley Hatch (Washington Spirit)
- > Ally Prisock (Houston Dash)
- > Tanya Samarzich (CF Monterrey MX)
- > Peyton Perea (NC Courage)
- > Dominique Richardson (Sky Blue FC)
- > Rylee Baisden (Croix de Savoie FRA)
- > Alyssa Giannetti (Arna Bjornar NOR)
- > Mimi Rangel (Dinamo Guadalajara ESP)
- > Kayla Morrison (FC Bulleen Australia)
- > Rachel Figg (Dinamo Guadalajara ESP)
- > Hannah Seabert (Fortuna Hjørring DEN)
- > Michelle Alozie (BIIK Kazygurt KAZ)





**PROGRAMS**

**PLAY**

**OVERSIGHT**

**OPERATIONS**



# PLAYER IDENTIFICATION

- > US Club Soccer
- > Player Development Program
- > National Identification Development Program
- > US Soccer Training Centers
- > US Soccer National Camps
- > Special ID Events
- > Nike Events



player development program



national identification

id<sup>2</sup>

development program





# COLLEGE PREPARATION & PROGRAMMING

## COLLEGE ID CAMPS

Our ID camps are uniquely designed to provide campers access to college coaches and provide a platform for players to showcase their skills and benefit from direct training with college coaches.

## LEGENDS AND SILVERLAKES SHOWCASES

These Showcases each bring together over 400 college coaches from across the country and create a platform for top teams and players to showcase their abilities. They include balanced competition, treasured college exposure, world class facilities, and an unforgettable experience.





# COLLEGE PREPARATION & PROGRAMMING

## COLLEGE NIGHTS

College nights provide a great opportunity for parents and players to meet and discuss the college process with head coaches of various universities.

## SIGNING NIGHTS

We have signing nights each year to celebrate all players who have committed to playing soccer at the collegiate level. We take this opportunity to invite family and friends and participate in a ceremony and photo opportunities.

## COLLEGE COORDINATOR

We have a dedicated college coordinator that supervises athletes' development as well as creating strategies to get the players seen and scouted by various colleges across the country.





# COLLEGE PREPARATION & PROGRAMMING

## COLLEGE FIT FINDER

This is an essential resource utilized by the club in the recruiting process and is offered to all of the Older players at the club at no additional cost to our members.

## COLLEGE TRIPS

Teams may take trips to college campuses throughout the season. Details tbd.





# NATIONAL PLATFORMS

## LEAGUE COMPETITION

The ECNL has built an incredible platform that fosters growth and development opportunities through programming, ongoing education, player identification, and the highest level of competition in the country. Our rich history of committed and driven players and coaches will truly have an opportunity to maximize their potential.

## COMPETITIONS AND PROGRAMMING

- > Regional Showcase
- > National Showcases
- > National Championships
- > National Selection
- > ECNL Super Cup





## MORE PLATFORMS

### **SOCAL LEAGUE AND E64 LEAGUE**

SOCAL is a youth competitive soccer organization that offers programming for players U7-U19, boys and girls. They have member clubs through out Southern California from Ventura County down to San Diego County and all counties in between.

Elite 64 will represent the elite club-based performance tier for the USYS National League — providing clubs with roster flexibility and ease of player movement between Elite 64 and existing National League competitions.





# LEGENDS FC

## SAN BERNARDINO

- > Provide a “TRUE” Legends Experience
- > Support coaches on and off the field in every aspect
- > Navigate and guide the players’ development pathway
- > Create a professional environment for families
- > Growth and stability for the region



# MEMBER REGISTRATION

- > Legends Management, Director of Coaches, Performance Director, Goalkeeper Director, Skills
- > Practice Fields, Game Fields
- > SOCAL League Registration, US Club Registration
- > PlayMetrics Platform, (Individual, Team, Coaches, Club)
- > The Classic, NPC Tournament, SilverLakes Events
- > Club Passing, Extra Training, Coaches Education
- > E64, ECRL, ECNL Opportunities for training and games
- > College Development (Coordinator, FitFinder, ID Camps)



**LEGENDS FC**

**capelli**<sup>®</sup>  
SPORT



**capelli**<sup>®</sup>  
SPORT

# A NEW ERA WITH CAPELLI

- > The Company
- > The People
- > The Support
- > The Resources
- > The Transition





# LEGENDS FC

